Psych 492R Syllabus
Dr. Steffen, Spring 2014

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Office hours: Mondays 3-4 or by appointment

Overview: This research class involves learning about the research process through hands on experience. The best way to learn how to do something is by doing it. During this semester, you will learn about conducting research by working on the stress and blood pressure lab experiment. You will first be trained in lab protocol, then carry out the experiment with assistance, and once comfortable with the protocol you will carry out the experiment on your own. You are also expected to attend the research team meeting each week. Each week one student will present a current research article that discusses current findings on stress and health. The research articles will be provided by me (or one you choose and I approve) and you are welcome to discuss any questions you have about the article before presenting it/leading a group discussion about it in the research team meeting.

Grading: There are two parts to the grade for this class. The first part of your grade involves participating actively in the research lab working with the research participants. This grade primarily depends upon being reliable and responsible. If you do not show up, then the research scheduled for that time period will be lost. The second part of your grade involves attending the weekly research team meeting. Your grade will be determined by attending and actively participating research and lab meetings.