Education and Research on Sleep Science

"Why the interest in sleep?" It’s a question I’ve received frequently over the years. Perhaps it is a subconscious identification with my namesake, the great dream interpreter of ancient Babylon, or perhaps it is my love for the great unknowns of life.

As long as I can remember, I’ve had a deep interest in the mystery of sleep. During summer break of my freshman year in college, I happened upon a book written by Dr. Gary Zammit called Good Nights. Reading that book solidified my interest in sleep science. I soon acquainted myself with the writings and research of the founders of sleep medicine and became a sleep guru to my college peers.

Upon hearing about my interest in sleep, my home teacher pointed me to the animal sleep research laboratory of Dr. James Krueger, an eminent sleep theorist at Washington State University. In his laboratory, I learned the fundamentals of local sleep theory, the view that each brain region has its own sleep need and circadian rhythm. I realized that these regionalized differences in sleep intensity may be markers of psychiatric problems and may even contribute to them.

By the end of my undergraduate education, I set two major goals that have guided my career as a sleep researcher. First, my research efforts aim for the betterment of the human condition, not purely for academic or personal inquiry. Second, my research focuses on uncovering the mechanisms through which regional differences in sleep intensity contribute to psychiatric disorders. Ultimately, I am driven to uncover the mysteries of sleep so that sleep science can be used to promote mental health. As a faculty member in the Department of Psychology at Brigham Young University, I have a wonderful opportunity to attain these goals.

Currently, my sleep research laboratory is conducting two major projects that will help answer how sleep can be used to prevent and treat psychiatric disorders. The Lord blessed me with this interest, and I pray He will continue to guide my path to bless the lives of others through the science of sleep.

Daniel Kay is one of three new faculty in the Psychology Department this year. Go to pages 3 & 5 to read more about our new faculty!
This year’s recipient of the Mark K. Allen Award is Meghan Maddock. Meghan was born in Detroit, Michigan. When she was seven years old, her parents, R. Paul and Pam Maddock, moved their family to Libertyville, Illinois where Meghan lived until she graduated from high school. She began her college experience studying psychology with her degree emphasis in developmental and clinical psychology. She also minored in Women’s Studies.

During her undergraduate work on campus, Meghan worked with several faculty members as a research assistant. She assisted Dr. Rick Miller, (who was then a faculty member of the Department of Family Life), coding videos of couples therapy sessions for therapist behaviors and found she was fascinated by the differences in therapist efficacy. She also coded videos for the Flourishing Families Lab using the Iowa Family Interaction Rating Scales, coding individual, dyadic, and group behaviors.

She soon became aware of the complexity of family dynamics. She studied with Dr. Hal Miller (Psychology) on a meta-analysis of the effectiveness of couples therapy and presented her results in a poster at the 2015 BYU Fulton Conference. With Dr. Christian Sabey (School of Special Education), she worked on a meta-analysis of treatments for children with autism.

Meghan was also a research assistant and a data analyst for the Woman Stats Project, which is responsible for the world’s largest database on the situation of women. For this project she was trained in coding data for over 300 variables regarding women. Her responsibility was to find missing data for the world’s first scale regarding women’s mobility in public. This involved researching, in dozens of countries, the incidence of street harassment and familial control over women’s movements.

Her most treasured and educational experiences as an undergraduate occurred as she gained practical experience by volunteering with the Center for Women and Children in Crisis, Wasatch Mental Health, and Utah State Hospital. She learned that trauma can be as complex and diverse as the responses to it. As she worked with individuals with severe mental health issues, Meghan said, “I learned that I do not run away from conflict or from difficult situations. I could not have learned these things in any classroom, and I am grateful for experiences in a clinical setting that helped me to learn about others and about myself.”

Meghan likes to read, write and draw. She loves all forms of chocolate, especially dark, and enjoys trying new food, especially if it is unusual. She also likes to hike and help her mother in the garden. Meghan served an 18 month mission in the Philippines Cauayan Mission from June 2013 to December 2014.

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BYU Connect: Alumni and Students Work Together

One of the best ways to “go forth and serve” is to reach back to the generation behind you. Becoming a mentor to a current BYU student can change his or her life. BYU Connect provides a unique opportunity for alumni to be a resource for networking to students who are still looking to build or find their career and passion in the world. Not only is this a great service opportunity, but it could also expand your own network and broaden your perspective in your current field of work. Follow the link in the box to learn how you can make a difference in a BYU student’s life.
Attention Alumni!

BE FEATURED ON SOCIAL MEDIA AND FUTURE NEWSLETTERS!

Help recruit psychology majors and offer some direction to current psychology students at BYU by sharing your story! Email psych_projects@byu.edu with a picture and a little information about yourself. Use the questions below as a guide to get started.

» What led you to choose psychology as a major?
» What specific skills did you develop from psychology courses?
» What opportunities and experiences did you have outside the classroom that benefited you the most?
» In retrospect, what would you have done different as an undergrad?
» Did you believe you “had to get more schooling” after your bachelor’s degree?
» What did your career path look like?
» If you continued your education after obtaining your bachelor’s degree, share your reasons for doing so.
» Describe how you utilize your undergraduate psychology skills in your career.
» What advice can you offer current undergraduate students at BYU?

A Path to Education and Discipleship

DR. DIANNE TICE, BYU VISITING FACULTY

I received my BA in psychology with a double minor in theological philosophy and theater from Case Western Reserve University in 1982 and my PhD in social psychology from Princeton University in 1987. Most of my research has focused on the self, studying topics such as self-esteem, self-concept, self-handicapping, and especially self-control and willpower. My work on self-esteem led to additional work on humility, and my work on self-concept led to work on the social effects of rejection. Most of my self-control work focused on the ego depletion model, which led to additional questions about the depleting effects of executive functions in mental processes.

I am a recent convert to the LDS Church. I joined the Church almost three years ago after a friend shared his testimony with my 16 year old daughter, and my daughter prayed to ask if it was true. After receiving a very strong response that it was true, my daughter asked me for a ride to her friend’s church. I told my daughter that if God told her that this was the church she should join, then I would certainly take her and I would join as well. I subsequently received my own testimony that the Book of Mormon was true and was baptized. My husband, Roy Baumeister, is also a social psychologist, but he is not a member of the church (not yet). You may see me around campus with my service dog Amelia because I lost much of my hearing due to a virus several years ago, but I’m pretty proficient at reading lips so don’t hesitate to talk to me. I feel so blessed to have been led to this church and to BYU. I am finding this to be the best job I have ever had.

Photo Courtesy of Dianne Tice
Fullbright Scholarships Winner: Christina Riley
PH.D. CANDIDATE, APPLIED SOCIAL PSYCHOLOGY,
BRIGHAM YOUNG UNIVERSITY

Christina completed her BA in Psychology with minors in World Affairs and English at Baylor University. Her choice to study Psychology came from an interest in helping to effectively resolve social justice issues (like domestic violence) through prevention efforts.

In regards to her experience in gaining her PhD, she said, “[I’m] grateful to have been a part of a graduate program that offered good mentoring in research and teaching.” She was given the opportunity to teach various courses over a three year span, including a peer mentoring capstone, Intro to Psychology (online), and Developmental Psychology: Lifespan.

Her research interests include cross-cultural examination of effective domestic violence prevention and social factors that contribute to domestic violence perpetration. Christina’s dissertation explored a psychological measure intended to predict domestic violence perpetration proclivities among males from non-clinical populations. Her dissertation is titled “Developing and Validating the Likelihood to Physically Abuse (LPA) Scale.”

After graduation, she will begin a Fullbright research project under the guidance of Dr. Rachana Johri at Ambedkar University Delhi that will focus on cross-culturally validating the Likelihood to Physically Abuse (LPA) Scale in sample populations in India. Christina plans to go into academia for research and teaching. She hopes to collaborate with international research agencies and non-governmental organizations focused on ending violence against women.

The following is a list of Christina’s involvement with research at BYU and publications:


Finding His Niche in Psychology
DR. DERIN COBIA, NEW BYU FACULTY

Derin Cobia, PhD, is a native of Quincy, WA, a small farm town located in the middle of the state. While enjoying the country life, he realized his interests were not in farming (he liked sleeping too much). He attended BYU for a semester before his mission, determined to become a physician, but discovered he was not really interested in that either (too much chemistry). He served for 2 years in St. Louis, MO believing inspiration would strike with the right career choice (it didn’t). Upon returning, he decided hard work, study, and curiosity would be more helpful (it eventually was). After multiple changes to his major, he found psychology was a good fit; however, the next few years were filled with distractions, including involvement in various BYU performing groups, studying abroad in Israel, and earning a Hebrew minor. After getting married, his wife encouraged him to finish up his bachelor’s degree and move on (“7 years is long enough”). During this time he took a BYU course from Dr. Erin Bigler in neuropsychology—the field of brain-behavior relationships. It was incredibly fascinating and motivated him to begin studying what psychology and neuroscience had to offer when understanding the human experience.

Coincidentally, Dr. Cobia returned to his mission to attend the Clinical Psychology PhD program at St. Louis University where he specialized in neuropsychology. In addition, he conducted neuroimaging research in schizophrenia at the neighboring Washington University in St. Louis. He completed his clinical internship year among the Appalachian hills at West Virginia University School of Medicine. After his internship, he moved to Chicago, IL for postdoctoral training at Northwestern University Feinberg School of Medicine (and to eat some good food). While there, Dr. Cobia completed a clinical neuropsychology fellowship with the Cognitive Neurology and Alzheimer’s Disease Center, where he worked with different aging and dementia patients. In addition, he also finished an NRSA postdoctoral research fellowship in Psychiatry studying the neurobiological mechanisms of schizophrenia. After fellowship, Northwestern liked him (well enough) to offer a full-time faculty position to continue doing clinical work, research, and graduate training.

After 13 years, Dr. Cobia is thrilled to be back at BYU as a faculty member in Psychology and Neuroscience. His research is focused on the implementation of computational anatomy tools to study neuropsychiatric diseases, particularly schizophrenia. His interests are in the clinical and biological heterogeneity that exists in psychosis by taking a cognitive neuroscience perspective. His work has involved linking cognitive and neurobiological characteristics to important clinical dimensions of the illness (e.g., negative symptoms). Dr. Cobia also studies a rare language-based dementia known as Primary Progressive Aphasia. He doesn’t study farming anymore (at least for pay). ▲

Start a Psychology Alumni Chapter!

IF YOU’RE INTERESTED IN PARTICIPATING IN AN ALUMNI CHAPTER, FOLLOW THE LINK AND SUBMIT THE FORM. YOU CAN ALSO SEE IF THERE IS AN ALUMNI CHAPTER NEAR YOU. DON’T MISS AN OPPORTUNITY TO GET INVOLVED TODAY!
Click here or go to https://alumni.byu.edu/your-chapter/get-involved
Two BYU Clinical Psychology PhD graduates receive Exceptional Post Docs Following 2016 Graduation

ASHLEY LEVAN

Children’s National Hospital in Washington DC and Rockville, MD offered one of their three full-time two-year postdoctoral fellowships to Dr. Ashley Levan, a BYU Clinical Psychology PhD graduate, (2016). The fellowship includes working with children and adolescents with a wide range of complex developmental and medical/neurological disorders. Children’s National is a leading clinical and research institution. It was established in 1870 and has been ranked the best children’s hospital in the U.S. It is particularly known for expertise in mild traumatic brain injury/concussion, autism spectrum disorders, and the effects of medical and developmental disorders on executive functions. Dr. Levan has been accepted into the Pediatric Neuropsychology concussion and mild traumatic brain injury track.

While she was here at BYU, Dr. Levan’s PhD dissertation work focused on social and cognitive functioning following traumatic brain injury in children. Her committee chair was Sean Gale. Before she began her fellowship, she completed her internship training in pediatric neuropsychology/clinical psychology at Phoenix Children’s Hospital in Phoenix, Arizona.

ANN CLAWSON

Ann Clawson has been accepted for a post-doctoral fellowship in pediatric neuropsychology at Kennedy Krieger Institute (KKI)/John Hopkins School of Medicine. KKI is a specialty pediatric and rehabilitation hospital that has an international reputation for treating children with developmental disabilities, such as disorders of the brain, spinal cord, and musculoskeletal system. Dr. Clawson will be working with a variety of children and youth in the oncology, genetic/congenital, and epilepsy clinics and the Kennedy Krieger School. In addition, she will be receiving specialized training in autism spectrum disorder at the Center of Autism and Related Disorders and in rehabilitation through the Rehabilitation Continuum of Care. She is involved in a research project examining neuropsychological outcomes in autism.

Dr. Clawson graduated from Brigham Young University with a PhD in Clinical Psychology in 2016. Her committee chair was Michael Larson. Dr. Clawson’s dissertation is titled, “Electrophysiological Endophenotypes in Autism spectrum disorder: A Family Study.”
The psychology department had four graduate students participate in the Three Minute Thesis (3MT). 3MT is a competition that showcases the research of graduate students. Participants have the opportunity to win cash prizes and are judged based on their academic, presentation, and research communication skills.

3MT is offered as a competition within each college of the university. The FHSS college 3MT competition awarded Elizabeth Wood, Psychology PhD (Developmental Psychology emphasis) second place. She tied with Kaitlin Ward, Social Work. Elizabeth’s presentation was “Anxiety Predicts Alcohol Intake in Adolescence.” They split a $500 cash prize.

The Psychology Department had three more grad students participate in the competition: Drew Berrett, Psychology PhD in Cognitive and Behavioral Neurosciences presented “Toxoplasma Gondii: The Parasite in Your Brain”; Jennifer Jensen, Clinical Psychology PhD, presented “The Power of Being Kind to Yourself: Compassion Focused Therapy”; Zach Blackhurst, Clinical Psychology PhD, “Before Sunrise He’s Your Son.”

Winner of first place and a $500 cash prize went to Brandon Clifford from Marriage, Family, and Human Development. The title of his presentation was “‘Speak Up!:’ Language Differences Among Shy, Introverted, and Social Children.” Brandon went on to represent the FHSS College in the university 3MT Competition in early March.
Clinical Psychology PhD Internships

5TH YEAR GRAD STUDENTS

The fifth year of the Clinical Psychology PhD program is a one-year full-time paid internship. This training program prepares students to compete successfully for the top internships and post-doctoral fellowships throughout the nation. BYU students are frequently accepted at some of the most outstanding training sites such as Baylor University Medical School, Cincinnati Children’s Hospital, Duke University Medical School, several hospitals in the Harvard Medical School Consortium, Oregon Health and Science University, University of Minnesota Medical School, University of Washington Medical School, and the Yale University School of Medicine. Similarly, graduates compete successfully for clinical, research, and academic positions across the country. All of our 2016-17 Clinical Psychology graduates were placed in accredited APA internships.

Internships

YOKO CALDWELL
Brigham Young University’s Counseling and Psychological Services
Provo, UT

SANAM JIVANI LALANI
Northern California VA Health Care System, Neuropsychology Emphasis
Martinez, CA

MAX MAISEL
California State University-Northridge Campus
Counseling Center
Northridge, CA

JONATHAN MIETCHEN
University of Kansas School of Medicine at Wichita, Child Emphasis
Wichita, KS

KEVIN STEPHENSON
Wasatch Mental Health
Provo, UT

JULIANN THOMPSON
University of Washington School of Medicine, Behavioral Medicine and Neuropsychology Emphasis
Seattle, WA

MISSY WHITE
Applewood Centers: Solutions for Children, Youth, and Families
Cleveland, OH

Julieann Thompson at her internship at the University of Washington School of Medicine.
Photo courtesy of Julieann Thompson.
2017 Psychology Valedictorian

SO YEON PARK

So Yeon Park is originally from Incheon, South Korea, but grew up in Asheville, North Carolina. She is a psychology major with an emphasis in clinical psychology and a minor in Korean. Her parents are Nan Suk Cho (mother) and Juhwan Park (father). After she graduates, So Yeon plans to go to graduate school for Clinical Psychology at BYU.

During her time at BYU, she has been a part of five research labs, working with faculty members in the psychology department and the counseling center. From these labs, she has helped in giving six presentations and producing five papers, two of which have been accepted for publication. She is currently working on three additional papers which will be submitted for review upon completion. She has also interned at a residential treatment center for adolescent girls and has served in the Psych Association presidency. She has had the honor of being on the Dean’s List every year of her BYU experience.

In her spare time, she enjoys reading, watching movies, running, hiking, and hanging out with her friends.

Faculty Rank and Status Updates for 2017

Shawn Gale
is an Associate Professor who received Continuing Faculty Status

Chad Jensen
received Continuing Faculty Status and advanced to Associate Professor
2016-2017 Visiting Scholars

BYRON L. ZAMBOANGA – MARCH 30TH

Why do people drink?

Professor of Psychology at Smith College. His primary research interests focus on the cognitive social and cultural correlates of high-risk drinking behaviors among adolescents and young adults.

CLARA HILL - APRIL 6

An Unexamined Topic in Psychotherapy & Psychotherapy Research

Professor in the Department of Psychology, University of Maryland. She has been president of the Society for Psychotherapy Research, Editor of the Journal of Counseling Psychology, and Co-Editor of Psychotherapy Research.

ELECTRA PASKETT- JANUARY 12

Mission Possible: Using Behavioral Epidemiology to Fight Cancer.

Behavior epidemiologist focusing on developing and testing interventions to prevent or detect cancers at early stages.

JAMES HARRIS - OCTOBER 20TH

Founder of the Developmental Neuropsychiatry program at the Johns Hopkins University and Director of Consultation Psychiatry in the Hopkins Children’s Center.

Research: Understanding the neurodevelopmental basis of social communication, emotion regulation, self-injurious behaviors and cognition, with an interest in childhood psychopathology including autism and other neurodevelopmental disabilities.

MAIJA REBLIN- SEPT 16TH

Researcher for the American Cancer Society and the National Cancer Institute on advanced cancer and spouse caregivers' interactions with home hospice nurses, their spouses, and their broader social networks.

Assistant member in the Dept. of Health Outcomes & Behavior and Department of Supportive Care Medicine at Moffitt Cancer Center. She is also an assistant Professor in the department of Oncologic Sciences at the University of Florida.
Visual Cognitive Development Lab Gains Recognition

Dr. Rebecca A. Lundwall has been working at BYU since 2013 with much of her research focusing on visual cognitive development. She has developed an excellent research lab where students continue to develop skills in asking questions, gathering data, analyzing, writing, and presenting. This past year, four undergraduate research assistants from Dr. Lundwall’s lab not only presented, but won poster and conference presentation awards.

In November, two BYU psychology undergraduate students attended and won the undergraduate division of the 2016 Psychonomics Conference. Katherine E. Christensen was in her junior year as a double Psychology and Spanish Major and Allison G. Kotter was finishing her senior year in the Psychology BS and preparing for graduation. The conference was held in Boston, MA by the Psychonomic Society, a distinguished society for general experimental psychologists and researchers working towards innovation in education, technology, and health. Katherine and Allison have been working as a team and project leaders with Dr. Lundwall in her Development of Visual Cognition Lab. The poster they presented is on their research on the influence of the monoamine oxidase A gene (MAOA) across the trajectory development of reflexive attention. This longitudinal study tested individuals as infants (2-5 months) and again in childhood (9-16 years) to find that there may be genetic markers indicative of poorer attentional development among some individuals. This innovative research may lead to a greater understanding of why children experience differing developmental courses and how to better screen and monitor for attentional variation to provide earlier intervention.

Neuroscience majors Spencer Clason and Sarah Kamhout from Dr. Lundwall’s lab were also recognized in an Intermountain Society for Neuroscience poster competition at the Snowbird Symposium where they won the undergraduate portion of the competition. Spencer was a sophomore and research project leader and Sarah a junior and research team leader. Both students presented their research on the genetic influence on reflexive attention in infants. What a great honor for Dr. Lundwall and these students to not only share their significant work, but also to receive such honorable recognition.

From left to right: Spencer Clason, Allison Kotter, Katherine Christensen, and Sarah Kamhout. Photo courtesy of Dr. Lundwall.
2017 Student of Courage Award Winner

SITA “MICHELLE” MCINTOSH

Michelle McIntosh, a senior studying psychology who will graduate in 2018, was awarded the BYU Women Student of Courage Award. This award is given to students entering their senior year of coursework who have a minimum cumulative GPA of 3.0. The award is meant to help fund the recipient’s senior year of college.

Michelle’s hard work, dedication, and perseverance in the face of trials is inspiring. “I think education is vital because it gives you so many more opportunities. I have seen this first hand having lived in Nepal for the first eleven years of my life in an orphanage. I know how hard life can be without education.” Michelle was adopted from an orphanage in Nepal when she was 11 years old by Bruce and Holly McIntosh. She lived in Oklahoma until she graduated high school and came to BYU. Since then, she has been working several jobs in an effort to graduate from BYU debt free so that she can afford to go to graduate school.

Each department at BYU had the chance to nominate one candidate and Michelle was chosen as the sole recipient for BYU. Prof. Dawn-Marie Wood, who originally nominated Michelle for the Psychology department, said, “Miss McIntosh has demonstrated uncommon courage in many respects, from rising above deplorable conditions and challenges faced as an immigrant orphan from Nepal to overcoming physical disabilities. Despite daily hardships and continuing trials, Miss McIntosh has a continued determination and conscientious approach to her studies. She displays both an aptitude for leadership among her peers, as well as a strong work ethic. In short, Michelle is inspiring to all who know her.”

Michelle hopes that this scholarship will give her the opportunity to focus more on her education in order to improve her GPA so she can be a good candidate for graduate school. She said, “After receiving my education, my goals are to serve others.” She is considering becoming a school psychologist or going into international social work. Michelle has dreams of one day opening an orphanage outside of the U.S. and educating people in third-world countries. She said, “I know these dreams of mine have the potential to come true because of gaining an education, which is the key to opening doors for opportunity.”

Congratulations and thank you, Michelle, for your hard work and inspirational example of being a “student of courage.”
Undergraduate alumni research project received high honors at 2017 APA convention

A former undergraduate from our department—Jyssica Seebeck—received high honors at the 2017 APA convention from APA’s Society for the Advancement of Psychotherapy (Division 29) for her undergraduate research project. Jyssica joined Dr. Gary Burlingame’s lab as a project manager in 2012 just as it began an international collaboration with Dr. Bernhard Strauss’s lab at the Institute of Psychosocial Medicine and Psychotherapy in Jena, Germany. Each project manager is expected to take a leading role in a research project and Jyssica selected one that focused on summarizing the empirical evidence for studies that tested the differential effectiveness of group versus individual therapy. There is a longstanding controversy in the psychotherapy outcome literature with some studies showing individual therapy as more effective while other research supports group therapy as more effective. In an attempt to clarify these mixed findings, the project used meta-analytic methods to categorize 70 studies on a primary variable—were the group and individual therapy conditions identical when the patients, treatment approach, and amount of treatment were compared. Studies that contrasted identical patients, treatments and dose uniformly supported outcome equivalence between individual and group therapy. However, when non-identical treatments were compared there was more diversity in outcomes and these differences were explained by the allegiance of the investigator.

More specifically, if a researcher favored individual therapy and conducted a non-identical treatment study, they were more likely to find better outcomes for individual over group. The reverse was also true.

The project began at BYU and continued after Jyssica started a PhD program in clinical psychology at Seattle Pacific University. The primary paper entitled “Outcome differences between individual and group formats when equivalent and nonequivalent treatments, patients and doses are compared: A 25-year meta-analytic perspective” was published in the December 2016 issue of the flagship journal of the APA’s Society for the Advancement of Psychotherapy (Division 29)—Psychotherapy; Dr. Burlingame and Jyssica shared senior authorship. In early 2017, the entire editorial board of Psychotherapy, consisting of over 70 prominent psychotherapy researchers, voted on the Most Valuable Paper from all the papers that the journal had published in 2016. The BYU paper was voted as the #1 paper in 2016 by over 90% of the editorial board. Jyssica was then asked to write a second paper summarizing the findings for clinicians, which was recently featured on the website of APA’s Society for the Advancement of Psychotherapy (http://societyforpsychotherapy.org/individual-vs-group-psychotherapy). As an advanced clinical psychology student, Jyssica’s current interest focuses upon women’s health and sexual health with a particular interest in severely mentally ill teenage girls, a focus that began here at BYU in her role as the manager of projects with the Utah State Hospital. ▲
Staff and Faculty
College of FHSS
Awards for 2017

ALCUIN FELLOWSHIP:
PATRICK STEFFEN

“Awarded by Undergraduate Education, the Alcuin Fellowship supports the liberal arts education of undergraduate students in the Honors program. Alcuin fellows are expected to teach one of the four Unexpected Connections (GE) courses required of Honors students. Alcuin fellows will team teach these courses in partnership with another faculty member at least four semesters during their three-year tenure in the fellowship. Each course is interdisciplinary, designed by the faculty pair around the intersection of their different disciplines. The Honors Program will also invite Alcuin Fellows to participate, as their circumstances allow, in Honors Program events, mentoring Honors students, and facilitating interdisciplinary research.

“The Alcuin Fellowship appointments are for three years and include annually a salary stipend of $3,000 plus $4,000 in research support funds.” (Click here to follow the source.)

MARTIN B. HICKMAN SCHOLAR: RAMONA HOPKINS

“A lecture is held annually in honor of Martin B. Hickman, a former dean of the College of Family, Home and Social Sciences. Hickman is considered the father of BYU’s American Heritage Program, as well as an instrumental hand in creating the Women’s Research Institute, the David M. Kennedy Center for International Studies, the Family Studies Center and other significant research efforts. The Martin B. Hickman Scholar Award was established to recognize a distinguished member of the college faculty who emulates Hickman’s example.” (Click here to follow the source.)

Professor Hopkins will be presenting at the Martin B. Hickman Lecture on Thursday, March 8, 2018 in 250 Spencer W. Kimball Tower at 7:00 PM.

FHSS DEAN’S PLATINUM SERVICE AWARD: LISA NORTON

“This award is for one full-time administrator or staff member in the College of Family, Home, and Social Sciences who has had at least five years of full-time experience within the college. Recipients will receive $1,000 and are only eligible for this award one-time.” (Click here to follow the source.)

OTHER COLLEGE AND UNIVERSITY AWARDS FOR PSYCHOLOGY PROFESSORS:

- University & College Young Scholars: Michael Larson
- FHSS Young Scholar: Scott Baldwin
- Susa Young Gates Professorship: Erin Bigler
- University Professorship: Gary Burlingame
Psychology Devotional Address

Dr. Brent Slife
BYU DEVOTIONAL SPEAKER MAY 16, 2017

“The Experience of Love and the Limitations of Psychological Explanation”

To watch, listen to, or read the speech, click here or visit https://speeches.byu.edu/speakers/brent-slife/

Annual Outstanding Teaching Awards:
Graduate Students

Dr. Yamawaki presented three Psychology graduate students with an annual award for Outstanding Teaching.

David Top and Emily Anderberg (above) and Chris Hawk (Right). Photos courtesy of the Psychology Department.